

DEMENTIA AWARENESS WEEK : 15 - 21 MAY 2016

Monday 16 May

Tea Dance
1.30 – 3pm
Sue Ryder
Synergy Cafe,
URC Tomline Road,
Felixstowe

Contact : heathermcroberts@yahoo.co.uk
OR rob.maplestone@sueryder.org

Free
All welcome

Tuesday 17 May

DEMENTIA FRIENDS
INFORMATION SESSION
Felixstowe Library
11.30 am - 12.30 pm

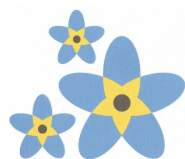
a short session on
Dementia Awareness
and how we can all help

Free - All welcome

Contact : heathermcroberts@yahoo.co.uk

Plus volunteers on the
Felixstowe Dementia Action Alliance stand
to answer questions all day.

**Felixstowe
Dementia
Action
Alliance**



Working to become
**Dementia
Friendly**
2015-2016

£6 per person
including
supper

Free
All welcome

Quiz Night
7.30 pm
Trimley Sports and
Social Club

Contact : heathermcroberts@yahoo.co.uk
OR Honor Dines on hdines1947@gmail.com

Brainy Dogs
on The Triangle
Felixstowe Town Centre
11 am

A demonstration of
how dogs can help
people with dementia

Wednesday 18 May

Friday 20 May

15 - 21 May ALL WEEK

Information stand at Felixstowe Library where
leaflets and information will be available to everyone

For information on all these events, please contact Heather McRoberts on 07986 421727 OR Honor Dines on 07916 236209