

# JOIN OUR FREE HEALTH AND WELL-BEING EVENT

Families and residents of all ages are invited to come and meet their local groups, organisations and service providers to find out more about the help and support available in their local community at our covid-secure free event.

**FRIDAY 30 JULY 11AM - 2PM AT  
FELIXSTOWE SEAFRONT & LEISURE CENTRE  
BEACHSIDE EVENTS AREA, FELIXSTOWE IP11 2AE**

Free refreshments | Giveaways | Children's activities  
Information to take away | Meet local services

For more information, or if you are an organisation wanting to attend to promote your services, please email [stuart.halsey@eastsoffolk.gov.uk](mailto:stuart.halsey@eastsoffolk.gov.uk) or call 07768 114421.

