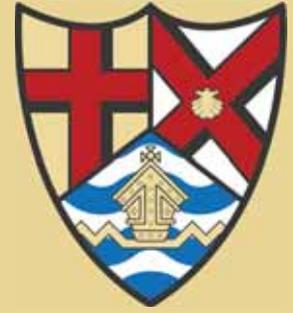


The Seasonal Magazine for Felixstowe Residents

Autumn 2021

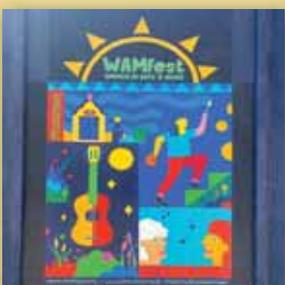
Issue 10



FELIXSTOWE
TOWN COUNCIL



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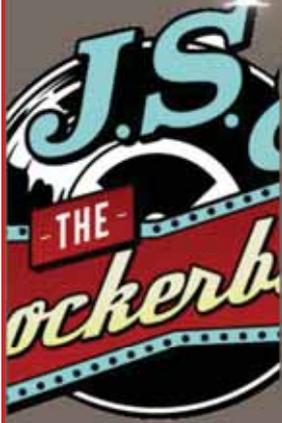
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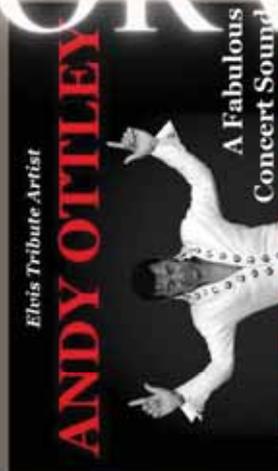
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FELIXSTOWE

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Saturday 4th Dec - The Lockerbilies: £46pp

Friday 10th Dec - The Ladybirds: £46pp

Saturday 11th Dec - The Ladybirds: £46pp

Saturday 18th Dec - Elvis Tribute
with Andy Ottley: £35pp

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3 course: £32pp

Christmas Day: Adult: £95pp Child: £45pp

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New Years Eve with Chelsea Francis & our
in house Disco: £75pp

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Hello everyone and welcome to this Autumn edition



Despite the mixed weather, Felixstowe has proven to be a popular destination yet again this Summer. Visiting friends and relatives tell me how impressed they were by what we have to offer, from the diversity of our local independent shops to the wide range of attractions along our seafront. We all know how difficult recent years have been for retail and leisure across the country, so I hope these past few months have provided a welcome opportunity to support our lovely corner in Felixstowe and give our hard-working businesses a boost.

We also have a lot to look forward in the next few months. 'FelixFest' will see us host a range of activities between 8-10th October, with the final stage of the 2021 Women's Tour concluding on Sea Road on the Saturday. There will be something for everyone to get involved with - a tour village, family activities and children's races, a 10km bike ride plus other entertainment during the day. It has also just been confirmed that Tokyo Olympic gold medallist and multiple World Champion, Annemiek van Vleuten, will be competing for the title amongst a field of elite international cyclists. Then on Sunday morning we host Felixstowe's first ever triathlon. Triathlon entries are selling fast so if you want to take part please visit www.felixstowetriathlon.uk to secure your place. Make a note of the dates and get them in your diary - it promises to be a memorable weekend!

We will also be making use of the stage facilities

to present this year's Civic Awards, postponed from their traditional date in May due to the pandemic. It will be a wonderful opportunity to recognise some of the amazing people who have gone above and beyond to support the community and to celebrate their efforts. So, please, if there is someone out there who you think deserves to be recognised for their contribution to Felixstowe, let us know! The deadline for nominations is 20th September and details of how you can nominate your Community Heroes can be found on page 11 of this Magazine, or on our website at www.felixstowe.gov.uk/civic-awards.

On the subject of recognising local heroes, I am proud to be part of the planning team preparing for this year's Remembrance Day. We are fortunate to have such a proactive team at our local branch of the Royal British Legion and, of course, Rev'd Andrew Dotchin who always delivers such a moving ceremony. The Remembrance Sunday commemoration takes place on 14th November and I hope you will be able to join us.

My nominated charities (Felixstowe Citizens' Advice and Felixstowe Carnival Association) and I have also been working hard to arrange some exciting fundraising events. The next being a 1940s themed Cheese and Wine Evening in the atmospheric surrounding of the Landguard Fort on 14th October. Period-appropriate outfits are encouraged - though not obligatory. As part of the entertainment programme a fantastic singer, Rachel Foskett, will perform songs from the era. Some very well-known people have been in touch with me to confirm their support at some of our other upcoming events. Look out for details!

We know the situation is still ever-changing, so we cannot take things for granted, but as we become more accustomed to socialising I hope you will feel able to participate in some of the great events we have planned. I look forward to seeing more of you there!

Mark Jepson

Mayor of Felixstowe 2020/21
Councillor Mark Jepson

Mayor's Charities

The Mayor's chosen local charities this year are:



Felixstowe Citizen's Advice

Felixstowe Citizen's Advice provides free, confidential and impartial advice and campaigns on big issues affecting people's lives. The Citizen's Advice can be contacted at advice@felixstowecab.org.uk or by telephone on 0300 330 9016 during opening hours



Felixstowe Carnival Association

Felixstowe Carnival Association is a local charity, whose small dedicated committee arranges the annual Carnival which includes a procession through the town and entertainment free to all. www.felixstowecarnival.org

Please show your support for the Mayor's charities by attending some of the future fundraising events:

Thursday 14 October, 6.30pm - 1940s Wine & Cheese evening, Landguard Fort

Sunday 14 November, 1pm - Blue Nan Curry Lunch, hosted by Mark Murphy with David Sheepshanks, Terry Butcher, Russell Osman

Monday 17 January - 6:30 pm Charity - Curry Night - Bombay Nite

For tickets and further info please contact 01394 288191, or email sue.faversham@felixstowe.gov.uk

Your Magazine

We would be pleased to receive relevant articles from community groups and voluntary organisations letting residents know what is happening in the Felixstowe area.

If your group would like to submit an article for consideration in the next quarterly edition (Winter, covering Dec 2021 - March 2022) send it via email to enquiries@felixstowe.gov.uk by Monday 15th November.

If possible, include hi-res images/photos and your group's logo. You don't have to send a fully-written article - bullet points or a few notes are fine to help point us in the right direction - but it must be no longer than 250 words.

We will aim to cover many different articles from issue to issue and will seek to offer a fair and equal representation for community groups throughout the town. Sometimes articles may have to be edited, shortened or dropped altogether.

Advertising

Limited advertising space is available in our magazine to support the cost of publication, with priority given to local, reputable businesses.

Call 01394 282086 or email enquiries@felixstowe.gov.uk for prices and to book your ad.

Cover photo by SWPix.com

Getting in Touch

Drop in to the Town Hall or call us during office hours (9am-4pm, Mon-Fri) - or email us at any time. We'd love to hear from you.

Phone: 01394 282086

Email: enquiries@felixstowe.gov.uk

Address:

Felixstowe Town Hall
Undercliff Road West
Felixstowe
IP11 2AG

www.felixstowe.gov.uk



Felixstowe is a
Fairtrade
Town

Who do I talk to about.....?

With three tiers of local government in Suffolk it can be confusing knowing which authority to contact about local matters or a particular service.

This brief list outlines some of the key areas covered by each council to help untangle the web and to show who does what in your area.



Felixstowe Town Council is the council closest to its residents and is responsible for:

- The office of the Town Mayor, Deputy Mayor and Mayoral engagements
- Awarding grants to support local community group and charities
- Remembrance events in conjunction with the Felixstowe Branch of the Royal British Legion
- The upkeep of Felixstowe's War and Flood memorials
- Felixstowe's Community Emergency Plan
- Felixstowe in Flower floral basket scheme and competitions
- Floral bedding at the Triangle and seafront
- Supporting the provision of Community Public Access Defibrillators
- Felixstowe Town Hall – the administrative home of the Town Council, a local base for partner community services such as the Suffolk County Council Registrar and Felixstowe Forward, open to the public for meetings and a popular wedding venue
- Broadway House – the home of Felixstowe Old People's Welfare Association (FOPWA)
- Walton Community Hall – available for private and community hire
- Allotment sites at Cowpasture, Ferry Road,
- Felixstowe Cemetery and its Gardens of Rest
- The Felixstowe Civic Awards scheme to recognise our local community heroes
- Supporting the town's twinning and partnership arrangements with the German towns of Wesel and Salzwedel
- Felixstowe Youth Forum
- Funding the Christmas Lights (supported by

- the Lions Club of Felixstowe)
 - Providing the Christmas Ice Rink (sponsored by the East of England Coop)
 - Annual funding contribution to key local service providers including Felixstowe Volunteer Coast Patrol Rescue Service, Level Two Youth Project, Felixstowe Forward, Citizens' Advice and the Landguard Partnership
 - Making representations on local planning applications, strategic plans and consultations
 - Representing the community at around 20 outside bodies, organisations and partnerships affecting many aspects of life in Felixstowe
- Call 01394 282086 or visit www.felixstowe.gov.uk



East Suffolk Council provide a range of regulatory and community services across the whole of the East Suffolk district and is responsible for:

- The collection of council tax and business rates
- Local planning and building regulations
- Kerbside waste and recycling collections, including fly tipping (in conjunction with East Suffolk Norse)
- Benefits
- Community Safety
- Elections
- Street cleaning
- Housing needs
- Maintaining the resort of Felixstowe and the provision of beach huts

- Maintenance of Felixstowe's public parks, open spaces and play areas (in conjunction with East Suffolk Norse)
- Public car parks, on-street parking patrolling (Police are responsible for obstruction or illegal on street parking)
- Licensing, Environmental and Port Health
- Leisure services (in conjunction with Places Leisure)

Call 0333 016 2000 or visit www.eastsuffolk.gov.uk



Suffolk County Council is the top tier of local government,

providing services on a county-wide basis and is responsible for:

- Highways (except motorways and major A roads which are the responsibility of Highways England)
- Education and Libraries
- Social services
- Trading standards
- Public transport
- Bus passes and disabled parking permits
- Registry of births, deaths and marriages
- Most street lighting, pavements, rights of way, footpaths and cycle ways
- Adoption and fostering
- Fire and rescue services
- Waste and Recycling centres

Call 0345 606 6067 or visit www.suffolk.gov.uk

Felixstowe Fairtrade Forum welcomes two new members



This month we would like to introduce two more committee members – both of whom are Town Councillors. Graham Newman is the Council's official representative on the committee and Margaret Morris is a founding member of the Forum and former Treasurer. Margaret said: "I am pleased that Fairtrade locally receives cross-party support and I am very happy to work with others to promote it." Graham said: "I echo Margaret's comments and I am particularly pleased that the Forum has recently updated its list of local shops and cafes serving Fairtrade goods. Please support them when you can." (Visit www.felixstowe-fairtrade.org.uk for more information or pick up a

copy from the Visit Felixstowe kiosk on the sea front.)

In October the Forum will be linking up with other Fairtrade Towns across the county in a special fortnight to promote Fairtrade to schools and young people. This will include a live link to Kenya. Visit www.suffolklfairtrade.org.uk to find out more.



New mural unveiled at Felixstowe rail station

The East Suffolk Lines Community Rail Partnership aims to encourage and promote use of the rail branch lines between Ipswich and Lowestoft and Felixstowe. It supports local projects developed in partnership with community groups businesses and the train operator. The focus is on projects that promote the stations and encourage rail travel through engagement, economic growth and sustainable active travel for all, see our website for further information www.eastsuffolklines.co.uk

A new mural has been unveiled at Felixstowe rail station to encourage local people to take the train and welcome visitors to the town.

Commissioned and funded by the East Suffolk Lines Community Rail Partnership, in partnership with Visit Felixstowe, Felixstowe Travel Watch and Greater Anglia the mural displays images of Felixstowe's attractions such as the beach and Landguard Fort, and encourages people to take the train with the slogan 'Days out by rail – your adventure awaits'.



It replaces an older, faded sign to create a better first impression to visitors arriving or departing by train.

The East Suffolk Lines Community Rail Partnership Line Group East Chairman, Cllr Graham Newman, felt the new board should reflect that new trains are now running on the line and feature images of the attractions in Felixstowe – The Spa Pavilion, Landguard Fort, Felixstowe Museum, Martello P Tower, the Pier, the two connecting ferries (Bawdsey and Harwich) and scenic images.

It was unveiled by Cllr Graham Newman; Aaron Taffera, Chair of the East Suffolk Lines Community Rail Partnership; Richard Holland, Felixstowe's Station Adopter and Vice Chairman of Felixstowe Travel Watch; and Alan Neville, Greater Anglia's Customer and Community Engagement Manager, on Friday 6 August. Aaron Taffera, Chair of the East Suffolk Lines Community Rail Partnership, said, "The mural looks great and the Community Rail Partnership is pleased to have been able to support this project which provides a colourful welcome to the station and encourages people to explore the town."

Greater Anglia's Customer and Community Engagement Manager, Alan Neville, said, "We're pleased to have supported this partnership project which is putting the rail station at the heart of its community and encouraging people to leave the car at home, which will help to reduce congestion and pollution in the town."



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Felixstowe Community First Responders & the Rotary Club of Felixstowe - Additional Lifesaving Equipment



During 2021, the Felixstowe Community First Responders (CFRs) have embarked on a variety of fundraising activities to replace ageing lifesaving equipment, purchasing new equipment in line with improvements to their skillset, running costs and keep up with the rapidly increasing size of the team of volunteers. This is in addition to their primary goal of responding to local emergency medical calls to stabilise, treat and reassure patients until the arrival of an ambulance crew.

As part of the fund-raising activities, the Felixstowe Community First Responders team contacted the Rotary Club of Felixstowe for assistance and were invited to give a presentation to the Rotary Club to talk about their vital role in the local community and the positive impact that it has on patient care in an emergency.

As a result of the enlightening presentation, the Rotary Club of Felixstowe were delighted to have the chance to fully fund the purchase of a fourth complete kit for a First Responder at a cost of £2,184.11. Club President Bryan Boreham, shown holding one end of the banner in the picture said: "We were so taken by the importance to all of our local community of the very valuable role carried out by the Felixstowe Community First Responders team, who are all volunteers, and further impressed by the fact that they proactively fundraise to provide the equipment to carry out this vital role."

Commenting on the grant, Daniel Jacobs, Community First Responder and Group Coordinator for Felixstowe, said: "We are thrilled to have been granted the funds towards a fourth kit. With our group growing from 7 in early 2020 to around 20 later this year, I feel this is a natural progression to allow us to enhance our cover in Felixstowe and the surrounding areas. This is something that will benefit members of the community in their time of need and we are grateful to the Rotary Club for providing us with the money that we need to purchase vital lifesaving equipment."



The team of volunteers are trained by the East of England Ambulance Service NHS Trust to respond to a variety of potentially life-threatening conditions, including chest pain, breathing problems and diabetic emergencies and even as far as cardiac arrests where the patient is unconscious and not breathing.

Each kit carries a variety of monitoring equipment that allows the CFRs to monitor heart rate, oxygen levels, blood pressure and temperature; allowing them to build what is referred to as 'NEWS2 score' that indicates how unwell the patient is.

In addition, they carry a variety of lifesaving equipment for airway management, oxygen therapy and defibrillation which vastly improves the chances of a patient's survival if carried out quickly alongside Cardiopulmonary Resuscitation (CPR). Daniel Jacobs added: "We understand an ambulance can't be on every street corner, but with a team of qualified volunteers in the local area there is a good chance one of us could be your neighbour!"

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Handover 2021-22



It was great to get together under the Felixstowe Golf Club marquee on 24 June to mark the start of the new Rotary year and Bryan Boreham's presidency, along with the award of a Paul Harris Fellowship to Rotarian Richard Bugg.



For the first time in almost eighteen months, the group were able to meet in person to mark the start of the 2021-22 Rotary Year and to hand over to the new office holders:



President Bryan Boreham,
First VP Andrew Rowdon.



Second VP Dougie Pipe.

Paul Harris Fellowship for Richard Bugg

The occasion also marked the award of a Paul Harris Fellowship to Richard Bugg for his services to the club, the local community, and beyond. A most impressive citation!



WAMfest celebrate women of Felixstowe

Despite initial difficulties imposed by social distancing restrictions, WAMfest has already made its mark on Felixstowe. A series of bold and beautiful murals, painted by local artist Catalina Carvajal, can be spotted on the hoardings of the old Central Surgery building at the top of Hamilton Road.

Each with its own story, the murals are commissioned by local businesses and community organisations. They celebrate the women of Felixstowe and their involvement in a vivacious local arts and music scene.

The first mural is the WAMfest logo. A fusion of art and music and colour with an oceanic backdrop, this piece perfectly encapsulates everything that the Felixstowe-based festival is all about.



Felixstowe Harmonies bring the second mural into motion. The Felixstowe-based female vocal group specialize in swing, jazz, rock and pop songs from light classical repertoire and musical theatre. Catalina Carvajal's work fixes the group forever in the spotlight.

Commissioned by Kwaremont Travel, the third mural depicts female cyclists in anticipation of the upcoming Women's Tour. The 147.6km cycle race is scheduled to finish in Felixstowe on October 9th. Despite challenges to host the scheduled events and talks on International Women's Day as planned, this bright blue mural kept the WAMfest wheels turning.

Commissioned by The Gallery Box, the fourth mural presents the inner workings of Beach Street's creative haven. Keeping support for local artists at the heart of their values, this piece presents both a mural and a festival with a community focus.

A work in progress, stroke by stroke, the fifth mural makes its way into the Town. Commissioned by Cuppa Café, Greenhouse Café and the Waffle Shack, when finished, the panel will celebrate women in hospitality.

To support WAMfest and to see local art in action, head down to Hamilton Road or visit their Facebook page www.facebook.com/WAMfestFX



Broadway House

F.O.P.W.A
Charity no. 1,160,222



We are pleased to announce that Broadway House in Orwell Road, Felixstowe IP11 7DD has now reopened. Broadway House provides a safe and secure environment for both visitors and volunteers and is situated close to the shops and bus stops in the town

centre. It is an "open house" to the over 60's - both resident and visitors to Felixstowe. It is not a Club so you don't have to "join" or pay a membership fee to be able to come in. It is provided as a haven for over 60's to rest, have some tea/coffee or other light refreshments, meet or make new friends, use the Wi-Fi facility or just sit quietly in the company of others. Come by yourself or with someone else and stay for a few minutes or a few hours. We do not provide any medical or respite care services and all visitors must be able to look after themselves e.g. get to and from the toilet without assistance.

We have tried to create the atmosphere of a friendly and welcoming lounge - so we don't put on organised activities, but you're welcome to play cards, Scrabble and other table-top games, bring your knitting or craft-work and the like. Teas, coffee and other refreshments are available - but again no pressure to buy anything and because we don't sell food (apart from biscuits and a few other things) we have no objection to visitors bringing in their own sandwiches or other things to eat, (please no strong smelling items). Opening times - Monday to Friday 10am to 4pm and Saturday mornings 9.30am to 12.30pm.

For more information go to our website - www.fopwa.onesuffolk.net or email to richolland1@btinternet.com

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Felixstowe Lions Club

The magnificent sum of £1,026 was raised in July by a sale of Antiques and Collectables on the Triangle in the town centre. We are holding a second sale on September 11th also on the Triangle. Many thanks to all who supported the July sale and we look forward to seeing you again in September.



Local company, John Good Group, which runs a charitable fund called the Matthew Good Foundation has generously agreed to match fund half of the amount raised at the Antiques and Collectables sale and a cheque for £513 has been received. The photo shows Dave Cole, an employee of the company and a Lion, handing over the cheque to Lions President, Richard Woolnough.



Following some recent inclement weather, some ground floor flats in the local Mays Court retirement housing complex suffered flood damage and the Lions Club were pleased to be able to donate items of furniture to help residents affected by the floods.

The Club is also continuing to support the local Grove Surgery with sweets for the staff and volunteers working hard on mass vaccinations.



We are also pleased that the Model Exhibition is again taking place on Sunday October 17th at the Leisure Centre.

Why not come along and see all the wonderful collections and exhibits?

Felixstowe Village & Carers Group

We are a group of unpaid family carers, looking after a loved one or friend. We meet once a month for an afternoon of social activities, friendship and a break from caring. As a group of family carers, we know how lonely and isolating caring for a loved one can be. That is why we meet monthly to have a break from caring and to talk to others who understand our problems. We also have craft sessions, guest speakers, social activities such as a quiz or Bingo. Occasionally we go out for tea and cake. We are a small, friendly and supportive group who welcome new members. Why not come and join us?

We meet on the second Monday each month from 1pm until 3pm at the Community Hub, Maidstone Road, Felixstowe, IP11 9EF.

Cost £3 including Tea/ Coffee and biscuits and a free raffle.

Meeting dates this year are: September 13th, October 11th, November 8th and December 13th. Just turn up or contact Dennis Weston on 07712 672289 / 01473 832591 or dennisweston.49@btinternet.com

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Emmaus Suffolk expands its services in Felixstowe

Emmaus Suffolk has expanded its support services in Felixstowe and is now helping more people experiencing social isolation, exclusion and long-term unemployment.

The charity already runs popular drop-in sessions from its hub in Dales Road, Ipswich and from its shop near Felixstowe train station. These drop-in centres have been incredibly successful in engaging with people in the community who may otherwise be isolated or are experiencing loneliness. Due to a growth in demand for the service, the charity has now launched an additional hub in Felixstowe so that more people can benefit from the service.

The new Hub will run every Wednesday at 10-12pm at Old Felixstowe Community Centre. This is in addition to the existing Felixstowe hub which takes place every Monday 1pm – 3pm, at the Emmaus Suffolk shop in Great Eastern Square.

Guests to the group can simply enjoy a drink and a chat with fellow visitors or they can join in with some of the craft and upcycling activities on offer.

Members of the Emmaus Suffolk team will be on hand to offer support and advice to attendees of the group on a range of topics, from job seeking, benefits, budgeting and looking after your physical and mental wellbeing. To find out more about Emmaus Suffolk visit www.emmaussuffolk.org.uk



Felixstowe Family History Society



We are delighted to announce the resumption of our monthly Speaker Meetings in Broadway House, Orwell Road. We start with September, on the usual second Wednesday of the month. Our speaker will be Mark Mitchels, who has a well-deserved record as an excellent, informative and entertaining speaker. His topic will be Dunwich and the city which is now more than a mile out below the North Sea, but was the tenth-largest city in England at the time of the Domesday Book.

There is no charge for members of the society or of the Felixstowe History & Museum Society to attend, visitors will be asked to pay a modest charge of £3.00.

Mark's talk will be preceded by the Society's Annual General Meeting, which shouldn't take too long. Visitors are welcome to come to hear Mark's talk, and they may find the reports presented to the A.G.M. of interest. During lock-down and restrictions on gatherings in meeting rooms we have found Zoom very useful as a medium for our meetings. Not only have we had some interesting talks, but they have been heard by members who are housebound or away from Felixstowe temporarily. We have even had some former residents of Felixstowe who now live far away.

During the same time, we have been able to help many people with their enquiries into their own family history. E-mail and the internet have certainly proved their worth.

For further information, do look at our website or e-mail us on fxfhs@hotmail.com Details can also be found on www.felixstowemuseum.org/?page_id=38

Nicholas Smith, for The Felixstowe Family History Society



Many of us comment “how time flies”, never more the case for those who grow vegetables and fruit on our allotments. Since my last article we have endured no rain, too much rain, cold days and even colder nights. The plants did hunker down and survive, but we are three if not four weeks behind on last year’s crop.

I know we talk “weather” daily but we know the impact it has on our plots and can be a succeed or fail option for some plants. One success this year seems to be onions!

I’ve chatted to members who farm across the five sites we have in Felixstowe and most speak in positive terms of large, almost bug and disease-free onions.

The Association is encouraging its members to photograph their allotment and submit it to Felixstowe in Flower.

Some members spend a huge amount of time and effort in growing and caring for their patch of land and the crops that sit upon it. This effort may well be rewarded within this competition.

In conjunction with the Town Council we are hoping to see a few smaller parcels of land set up for those who don’t need or wish to have the conventional plot of 5 rod. An allotment of that size is similar to a doubles tennis court with its origin in the “rod” that controlled a team of oxen, ploughing back in 1607 or thereabouts.

Running a successful plot and harvesting your own food is hard work, but satisfying. That said, in July we saw the arrival of “potato blight”. If not caught quickly, as in Ireland in 1845, it can destroy an entire crop. The farmers who grow huge amounts of potatoes watch daily and act immediately, as was witnessed locally with the tops (haulm) being removed instantly.

With the summer drawing to a close we are now eagerly awaiting the seed catalogues which will arrive by post or email. We will hope to find vegetables that will be even better than this year, or ones that will not succumb to bugs or disease. We all wish to eat healthy food, grown with care and patience regardless of weather, time constraints or disease.

See our website for further details www.felixstoweallotments.co.uk/



Felixstowe Town Council has four available allotment sites, located at:

Cowpasture, Candlet Road, 312 plots

Ferry Road, 94 plots

Railway Hill, Coronation Drive, 44 plots

Taunton Road, 19 plots

A 40% discount on the basic allotment rent is offered to senior citizens or those in receipt of benefits on a single or joint tenancy, provided that at least one tenant qualifies. See our website for more information. A waiting list is in operation with plots expected to become available soon. If you are interested in taking on a plot, please contact our Administration Assistant, Janine Smith via email janine.smith@felixstowe.gov.uk

Why have an Allotment?

- An affordable source of fresh fruit and vegetables
- Reduces your exposure to pesticides
- Gives you fresh air and healthy exercise
- Helps reduce stress and can give you a sense of achievement
- Good for the environment, providing green spaces and wildlife habitats
- Plots which are cultivated to a high standard could even win one of the allotment prizes at the Felixstowe in Flower Awards.

Plant & Produce Show 18 September



Felixstowe Garden Club are planning to hold a Plant and Produce show this year, on Saturday 18th September in Old Felixstowe Community Centre in Church Road, open for viewing between 11 am and 5 pm. This will be a chance for our Gardeners to show their growing skills and hopefully encourage others to have a go. There is nothing quite like sitting down to eat food that you have grown and admiring flowers that are the result of your TLC. Come along and see for yourself and have a cup of tea and some cake too. See you there!

Environmental Information

This magazine has been printed and produced locally using responsibly sourced stock. The paper meets the ISO 9001, ISO 14001, ECF, FSC certifications. Please recycle this magazine when you have finished with it.

Did you know? As with most agricultural crops, trees are planted in rotation. Once mature – after 7 to 11 years – they are harvested. But only 9% of the total plantation area is felled annually. New saplings are planted in the same year, at an average rate of 260,000 new trees a day. This is what makes the paper we use renewable, and good for the environment in capturing carbon.

Felixstowe's First Environmental Awards Nominations are now open to celebrate the town's eco-conscious children



Felixstowe residents are being encouraged to nominate a worthy winner of the town's new 2021 Environment Awards, created by leading community group Litter Free Felixstowe and local news outlet Spotlight on Felixstowe. The inaugural awards will be judged by a panel of special guests including Felixstowe Mayor, Mark Jepson with trophies presented to the winners in a ceremony later this Autumn.



Young children, teenagers, school and youth groups (e.g. Scouts and Brownies) are all eligible to be nominated for taking part in or coordinating any activity aimed at helping protect the planet and local wildlife, or promoting sustainability.

Debbie Bartlett, founder of Litter Free Felixstowe said: "We're looking for any young person or youth group making a positive impact on the environment – that could be litter picking, caring for animals or engaging with the community about environmental issues. We know Felixstowe's community is fantastically passionate about saving the planet, so we want to hear about as many eco heroes as possible!"

The Mayor will be joined by Cllr James Mallinder, Cabinet Member for the Environment at East Suffolk Council; Sharon Jenkins, Editor of Spotlight Felixstowe; and Rob Dunger from Felixstowe Radio in judging the

shortlisted entries. Felixstowe Community Nature Reserve will also be awarding an organisation that has impacted the town's environment this year.

To nominate an individual or group, send an email in 200 words or less, explaining the reason for your choice. The closing date for the nominations is **29 October**, and submissions should be sent to litterfreefelixstowe@gmail.com

Support the Mayor's Charities

The Mayor's Cheese and Wine event will be raising money for the Mayor's chosen charities, Felixstowe Citizen's Advice and Felixstowe Carnival. For further information on future events, please turn to the bottom of page 3.

Allotment Community Orchard

The Felixstowe Allotment Association were delighted to host a visit to the largest allotment site in the town by the Mayor, Councillor Mark Jepson and the Deputy Mayor Sharon Harkin. Following an earlier agreement with the Town Council, the Association had identified a particular unused area within Cowpasture Allotments and it was agreed to plant an apple orchard.

A number of old heritage varieties were chosen, which came from "Orchards for All" a charity based in West Norfolk who seek to provide old early English apples that originated from the Counties across the East Anglian region

In addition to these older varieties, a smaller number of the more modern strains were obtained from a local nursery as they offer a quicker return and greater crop.

The funding for the project was split between the Felixstowe Allotment Association, Felixstowe Town Council and a generous local benefactor. The photographs show the welcome and opening by the Mayor. The trees will take a number of years to establish and produce any quantity of fruit. The Allotment association will oversee this care with two immediate allotment neighbours to the orchard ready and willing to perform this role.

We look forward to watching these "little trees" grow and flourish and over time provide fresh apples to the community.



**The Mayor's
1940s
Cheese & Wine
Charity event**



LANDGUARD FORT

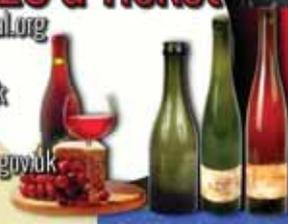
Thursday 14th October
Landguard Fort 6:30 pm
1940s Dress Optional
Opportunity to look around
the Fort, entertainment by Rachel Foskett.

Tickets available from £5 a Ticket

Julie Bellamy: contact@felixstowecarnival.org
07568794384

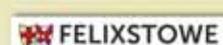
Graham Page: advice@felixstowecab.org.uk
0333 358 3971

Sue Faversham: suefaversham@felixstowe.gov.uk
01394 288191











Civic Awards - Do you know a hero in your local Community?

The past year or so has been particularly challenging for all, do you know of someone who has gone beyond the call of duty?

This year we are very excited to be able to hold our Civic Awards at the Podium Stage at the FelixFest Women's Cycle Tour as part of a community celebration during the finale on Saturday 9 October.

The deadline to send in your nominations is 20 September 2021.

At the event several awards will be presented:

- **Mayor's Awards:** Presented to up to 5 local people for their personal contribution to the community.
- **HMS Ganges Youth Trophy:** Presented to a local young person (aged 21 or younger) or organisation supporting young people in Felixstowe.
- **The Community Award:** Presented to recognise the contribution to the community by a local organisation.

Tell us who your community heroes have been over the past year and nominate them for a Mayor's Award, by cutting out and returning the flyer below to the Town Hall or visit felixstowe.gov.uk/civic-awards for the full nomination form

All entries must be completed and returned to Sue Faversham, Civic Events Officer, Felixstowe Town Council, Town Hall, Felixstowe IP11 2AG or email sue.faversham@felixstowe.gov.uk or telephone 01394 288191.



NOMINATE YOUR COMMUNITY HEROES!

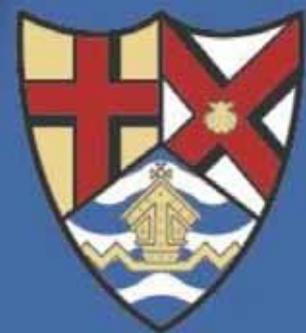
Tell us who **you** think is so inspiring that they deserve to be recognised with a Civic Award

CLOSING DATE 20 September 2021



FELIXSTOWE
TOWN COUNCIL

Town Hall, Undercliff Road West, IP11 2AG



**MAYOR OF
FELIXSTOWE
CIVIC AWARDS**

felixstowe.gov.uk/civic-awards

Can you help support people to live well with dementia?



We are pleased to announce the re-opening of Memory Lane Dementia Support Group, a weekly community group in Felixstowe where people living with dementia and their carers can attend. It provides a safe, dementia friendly environment for peer support, information, and much valued social companionship.

Like many community groups, Covid-19 has severely interrupted the work of dementia friendly communities. People living with dementia have been particularly isolated and vulnerable throughout COVID and there is real need for Memory Lane to re-open to support people to live well with dementia.

Memory Lane are looking for new volunteers to be actively involved with running the group.

This could be to:

- facilitate weekly activities such as making crafts, singing, games
- help those living with dementia feel welcome, safe and encourage participation
- fundraising
- work behind the scenes to steer the future of Memory Lane as Chair, Treasurer, or lead volunteer

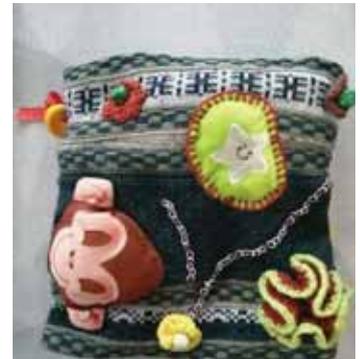
If you have the time, we can help you to make a difference locally.

We would like to thank Felixstowe Ferry Golf Club for their generous donation of £1,613.39. Memory Lane relies on local fundraising to support the activities which are designed to simulate memory and participation.

We would also like to thank Carole Davies and Mary Webber for their kind donations of lap blankets and other items. Creative volunteers at the Wool Baa have turned these into amazing fiddle mitts which are known to relieve anxiety.

Memory Lane Dementia Support Group meets every Friday between 11am and 2pm at Salvation Army Hall in Cobbold Road, Felixstowe, IP11 7EL.

If you would be interested in volunteering or able to support in any way, please contact us on fxttaa@gmail.com



If you would like to honour a local person or organisation that has made a positive difference and special contribution to our community, Felixstowe Town Council would like to hear from you.

I, _____ [your name] would like to nominate...

For a Mayor's Award: _____

(Presented to up to 5 local people for their personal contribution to the community)

For the HMS Ganges Youth Trophy: _____

(Presented to a local young person (aged 21 or younger) or organisation supporting young people in Felixstowe)

For the Community Organisation Award: _____

(Presented to recognise the contribution to the community by a local organisation)

Return this card to the Town Hall and we will contact you to find out more about your nominee and why you think they deserve to win. Please provide an email address or telephone number below:

email/telephone: _____

Alternatively complete and return the downloadable nomination form from: www.felixstowe.gov.uk/civic-awards

All nominations should be received by **20 September** to be eligible for consideration.

For queries contact us on 01394 288193 or mayor@felixstowe.gov.uk

The Ultimate Weekend of Family Fun



To celebrate one of the UK's biggest sporting events finishing in Felixstowe this October, East Suffolk Council is hosting FelixFest in partnership with Felixstowe Town Council – an ultimate weekend of family fun for local people and visitors alike!

The celebrations will be taking place on 8 – 10 October 2021 on the Beachside Events Space and along Sea Road, kicking off on the Friday night with an outdoor cinema at 7pm.

East Suffolk has hosted different stages of the Tour since it began in 2014, but this will be the first time the district has hosted the Final Stage. Felixstowe is very pleased to have been chosen as the location of the finishing line for the 2021 Women's Tour. The crowds will see some of the world's best cyclists racing to be crowned the 2021 Women's Tour champion in the Final Stage on Sea Road.

Prior to this, activities will be taking place by the finishing line, including a 10km led bike ride, children's races and the Ride for Hero's. Suffolk's Fire and Rescue Service will also be there, following their challenge of cycling Lands End to John O Groats raising money for the Firefighters charity #longstride2021.

There will also be Football Freestyle demonstrations and Captain Jack will be walking the finish line.



In the Tour Village there will be representations from some of the Women's Tour's sponsors, as well as Level Two, park run, Felixstowe Leisure Centre, Felixstowe's Fire and Police Service to name a few.

Along Sea Road, there will be demonstrations on a Pump Track as well as an opportunity for you to try it out for yourself – bring your own bike or borrow one. There will also be a high ropes course, laser tag and a football cage to test your skills as 1v1 or 2v2.



On the Podium there will be different entertainment and information talks, as well as the opportunity to see the Winner of the 2021 Women's Tour being crowned.

Cllr Mark Jepson, Mayor of Felixstowe, said: "Felixstowe Town Council is delighted to be supporting the Women's Tour on its return to Suffolk this year and is proud to be hosting the finale of this fantastic race. With so many events having been cancelled or postponed over the past year, we are very much looking forward to welcoming everybody for a festival of activities across the weekend."



Breaking News ...



Olympic time trial champion Annemiek van Vleuten has confirmed that the Women's Tour will be on her programme in 2021. The Movistar Team rider, who recently clinched the Ladies Tour of Norway, announced her end of season programme at the weekend that will see her return to the UK's biggest professional women's race for the first time since 2014.

Van Vleuten took the gold medal in the Tokyo individual time trial to go with silver from the road race before returning to Europe to win the one-day Donostia San Sebastian Klasikoa the following weekend and the four-stage Norwegian tour earlier this month.

Women's Cycle Tour

World's best teams confirmed for 2021 Women's Tour

Twelve of the world's top 15 teams will be in action at this year's Women's Tour, the UK's most prestigious women's cycle race.



2021 Competing Teams

The full list of teams competing in the 2021 Women's Tour is:

- Alé BTC Ljubljana (Italy)
- AWOL O'Shea (Great Britain)
- CAMS-Basso Bikes (Great Britain)
- Canyon SRAM Racing (Germany)
- Ceratizit-WNT Pro Cycling (Germany)
- Drops-Le Col s/b TEMPUR. (Great Britain)
- FDJ Nouvelle-Aquitaine Futuroscope (France)
- Liv Racing (Netherlands)
- Movistar Team (Spain)
- Parkhotel Valkenburg (Netherlands)
- SD Worx (Netherlands)
- Team BikeExchange (Australia)
- Team DSM (Germany)
- Team TIBCO-Silicon Valley Bank (USA)
- Trek-Segafredo (USA)
- Valcar-Travel & Service (Italy)

Among those competing are SD Worx, the world's number one team, and the squads of four of the race's previous overall winners: Trek-Segafredo (Lizzie Deignan, 2019 champion), Team DSM (Coryn Rivera, 2018 champion), Canyon SRAM Racing (Kasia Niewiadoma, 2017 champion) and Ceratizit-WNT Pro Cycling (Lisa Brennauer, 2015 winner).

British interest comes in the form of AWOL O'Shea, CAMS-Basso Bikes – both Women's Tour debutants – and Drops-Le Col s/b TEMPUR. 2021 will mark Drops' fifth appearance in the event, while the Essex-based CAMS team will be on home soil for the race's fourth and fifth stages (Shoeburyness to Southend on Thursday 7 October, Colchester and Clacton-on-Sea on Friday 8 October).

Team TIBCO-Silicon Valley Bank, the second American team competing in the event, return for a second appearance having also dominated the ŠKODA V-Women's Tour virtual race held during the COVID-19

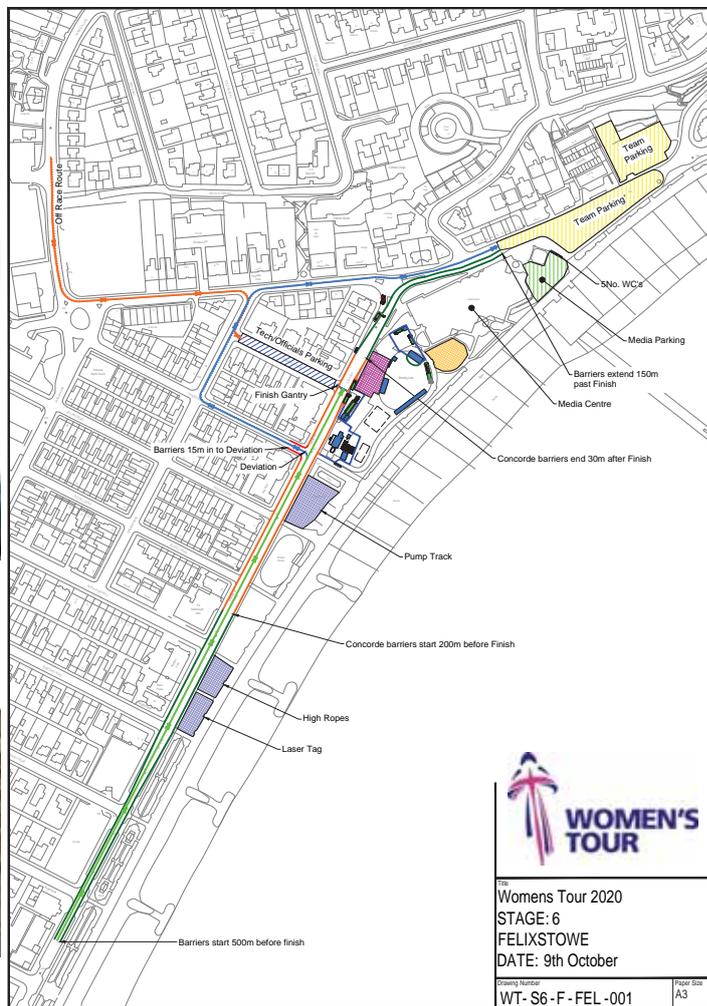
The Saturday will see some of the world's best cyclists racing to be crowned the 2021 Women's Tour champion on Sea Road. East Suffolk has hosted different stages of the Tour since it began in 2014, but this will be the first time the district has hosted the final stage. Felixstowe last hosted the race in 2014, when Stage Three began in the town (pictured below).



Calling businesses to join in the fun!

It would be great to see the town's shop windows decorated with all things 'cycle' related.

Please email us photos of your 'cycle' themed decorations in both private homes and businesses to enquiries@felixstowe.gov.uk



Womens Tour 2020
 STAGE: 6
 FELIXSTOWE
 DATE: 9th October

Drawing Number: WT-S6-F-FEL-001
 Paper Size: A3

Drawing created by The 3D Kiosk Ltd. 18 August 2020

Be Part of Felixstowe's First Triathlon



We are lucky to have the finish straight and gantries from the Womens Tour of Britain being left up for us to use, so come and finish like a champion!

Felixstowe's first ever open water Triathlon will be taking place on Sunday 10 October 2021. The sprint and supersprint is open to all and you can enter now via www.felixstowetriathlon.uk. The Standard & Sprint events have a lovely sea swim to start, the Super Sprint swim is in Felixstowe Leisure Centre Pool. The bike routes take you through stunning Suffolk countryside, before returning via Felixstowe Ferry, before all competitors finish with a run along the Promenade.

The event is open to everyone, whether beginners or experienced athletes. People can now sign up for the Sprint, Supersprint or Standard distance as individuals or teams of three.

Don't miss out, enter now as spaces are limited !

Events and Distances

RACE	DISTANCES
Felixstowe Sprint Triathlon	Swim 800m, Bike 20 km, Run 5km
Felixstowe Sprint Triathlon Relay	Swim 800m, Bike 20 km, Run 5km
Felixstowe Standard Triathlon	Swim 1500m, Bike 38 km, Run 10km
Felixstowe Standard Triathlon Relay	Swim 1500m, Bike 38 km, Run 10km
Felixstowe Super Sprint Triathlon	Swim 300m, Bike 20 km, Run 3km

Sea Swims

For our Super Sprint competitors the swim will be pool based, comprising 12 lengths of the Leisure Centre Pool which you will swim across as you lap up and down.

Assuming weather and tide conditions allow then the Standard and Sprint swims will be in the sea, swimming south-west along the beach towards Felixstowe Pier. Competitors will walk from the Transition area along the promenade before entering the water for a water start at either the Standard or Sprint start points.

On exiting the water competitors will cross a short stretch of beach, then the promenade, and return to transition. If tide or weather causes cancellation of the sea swim then Standard & Sprint Competitors will have a 300m pool swim as for the Super Sprint competitors

Bike Routes

The Standard Bike Route 39.7 km takes you from the seafront through Trimley St Martin before crossing the A14 and doing a loop through Kirton, Newbourne and Brightwell. Crossing back over the A14, and returning through Trimley St Martin the route then takes you down to Felixstowe Ferry where you will do a U turn and return back along the seafront road before returning to Transition

The Sprint & Super Sprint routes are 20.4km long and follow the same route as the Standard route but competitors will turn back at the A14 roundabout and head back through Trimley St Martin and onwards as described above.

PLEASE NOTE - this is NOT a closed road event.

Run Routes

The run routes are a simple loop course that are run in loops up and down the promenade, before exiting across onto Sea Rd and joining **the finish straight from the Women's Tour and finishing under the Women's Tour Finish Gantry.**

Felixstowe Triathlon

SUNDAY 10 OCTOBER 2021 8AM

SWIM



BIKE



RUN



The participation fee is £80 for Standard, £50 for Sprint or £45 for Supersprint.

For more information and to sign up, go to www.felixstowetriathlon.uk





To help the weekend run smoothly, East Suffolk Council is looking for volunteers to get involved.

To volunteer or for further information, please email volunteer@eastsuffolk.gov.uk



What if I don't like Sport?

The weekend will be full of lots of events and activities for you to join in, it is hoped that bikes sat in sheds will be dusted off, and people will be encouraged to try a new sport. If you attend and particularly liked an activity which encouraged you to take up a sport - then please do let us know by emailing enquiries@felixstowe.gov.uk.

However, if your favoured sport is to sit and enjoy a film, there will be an outdoor cinema, located behind the Leisure Centre.

The weekend will kick off on the Friday night with an outdoor cinema and film starting at 7pm with a film voted on by the residents of Felixstowe.

Please let us know what film you would like to watch

The movie of choice is yet to be decided, and East Suffolk would like the film to be voted upon from the Felixstowe Community.

All suggestions are welcome by email to leisure@eastsuffolk.gov.uk



Road Closure and Parking Restrictions

In order to accommodate all the activities, spectators, finish area apparatus and convoy vehicles it will be necessary to close the following roads:

- Beach Station Road - Saturday 9 October 4am until 7pm, but no access to Sea Road will be available until Sunday 10 October at 7pm.
- Cavendish Road from Sea Road to Manning Road – Saturday 9 October 4am until 7pm, but with no access to Sea Road until Sunday 10 October at 7pm.
- Mannings Road from Undercliff Road West to Cavendish Street – Saturday 9 October 4am until Sunday 10 October 7pm.
- Orford Road – Saturday 9 October 4am until Sunday 10 October 7pm, but with no access to Sea Road until Sunday 10 October 7pm. Residential access will be available during the closure, except during the race arrival (2.15pm – 4pm).
- Sea Road – Saturday 9 October 4am until Sunday 10 October 7pm.

A one-way system will be in place along Undercliff Road West to the roundabout at Convalescent Hill on Saturday 9 October between 4am and 12pm and from 6pm on Saturday 9 October until 7pm on Sunday 10 October.

Undercliff Road West will be closed to traffic travelling from the direction of the Spa Pavilion to Langer Road, with the diversion route going up Convalescent Hill.

There will be 'no parking' cones from Howlett Way to High Road in Trimley St Martin and on High Road in Trimley St Mary on Saturday 9 October between 12pm – 4pm.



www.visitfelixstowe.org.uk

Autumn Treats in Felixstowe

Seasonal colours and tastes, fantastic fireworks and twinkling festive lights... as the nights begin to draw in, enjoy Autumn by the sea.

Head to the mature woodland of **The Grove** for a walk on fallen crunching leaves under the changing colours. The beautiful tree-lined **Beatrice Avenue** puts on its annual show of yellows and reds as you drive into town, whilst a stroll in the award-winning **Felixstowe Seafront Gardens** offers late flowering shrubs and colourful ruby-red berries.

At the **Landguard Nature Reserve**, go in search of unusual fungi and Autumn bird visitors amongst the blackberry-laden bushes. Our **local foodie places** are great spots to warm up after a stroll - and will be serving up their Autumn menus of rich hearty flavours. Look out for seasonal dishes featuring oysters, pumpkins and apples.

Check out **The Great Outdoors** guide at www.visitfelixstowe.org.uk/things-to-do/the-great-outdoors



Autumn days out and more...

Head to the **Visit Felixstowe Tourist Information Centre beach hut** on the seafront (opposite the Town Hall), where our helpful and knowledgeable volunteers can provide you with tons of local information on things to do and see this Autumn
Open daily (weather permitting) from 11am to 3pm, then from the 1st November 10.30am to 2.30pm.



What's On

Full details at www.visitfelixstowe.org.uk/whats-on

Christmas Craft Market and Lighting-up Day

Saturday 27 November

Felixstowe's festive fun starts with the big switch-on of the Christmas lights by the Mayor. A whole day of family entertainment from the Lions Club of Felixstowe around the Triangle in the Town Centre. Meet Santa in his cabin, plus charity stalls, carols with The Salvation Army and a children's candlelight parade. Along Hamilton Road, under its twinkling lights, discover an array of craft, food and gift stalls with fab present ideas for everyone.

www.felixstowelions.org.uk



More Autumn events not to be missed...

Celebrate **Heritage Open Days** in Felixstowe.

- **Felixstowe Museum** has guided tours on Saturday 11 September looking at the remaining features of the Submarine Mining Establishment (1878), the last remaining purpose-built SME in the UK. Visitors will follow the route the mines took along a tramway. 1100-1600.

www.felixstowemuseum.org

- The historic **Felixstowe Sea Cadets Drill Hall** (built in 1901) in Garrison Lane will be open on Sunday 12 September from 1200-1500 with guided tours, children's activities and refreshments.

www.facebook.com/felixstoweseacadets

Town Centre music... the **Ipswich Over 50's Brass Band** will be holding free concerts at The Triangle every Thursday in September at 1500. Weather permitting. Come along and enjoy.

Wave those Union Jacks... Music in Felixstowe present the traditional **Last Night of the Proms** at St. John's Church on Saturday 18 September starting at 1900, with The Festival Orchestra, soprano Jessica Wilson and the Felixstowe Community Choir. www.felixstowemusic.com

Full steam ahead to the **Felixstowe Lions Club - Model Railway Exhibition** on Sunday 17 October. 1100-1600 at the Felixstowe Leisure Centre. Various working displays and layouts including the hand-built steam engines of the Gauge One Model Railway Association.

www.felixstowelions.org.uk

Showcasing a whole range of local food, drink and crafts - the **Felixstowe Artisan and Producers Market** is back at Beach Street Felixstowe on Saturday 20 November. 1000-1500. Cheeses, local brews, candles, fudge, wool and soaps. Lots of Christmas present ideas!

www.suffolkmarketevents.co.uk

Spa-tastic!

A host of shows and events to enjoy at the fab **Spa Pavilion** throughout the Autumn. The legendary *Drifters* perform their classic hits on Saturday 18 September, then on Thursday 30 September, the Russian National Ballet present the magical *'Sleeping Beauty'*. Comedy favourite *Jimmy Carr* is on stage on Friday 15 October, then enjoy *'The Best of The West End'* - a showcase musical spectacular on Sunday 24 October. The Spa will be celebrating their 6th birthday with the return of *The Stars from The Commitments* on Saturday 13 November. Full details on these, plus the full calendar of events at <https://spapavilion.uk/>



Food Glorious Food

This Autumn we invite you to discover our fantastic range of seaside eateries... from town centre café culture to waterside dining with wonderful coastal views. Whatever your appetite, there is something to suit all tastes and budgets.

Full guide at www.visitfelixstowe.org.uk/eat-and-drink

Start the day right with a Tug Driver's Breakfast at the **View Point Cafe**, where bacon, sausage and eggs are accompanied through the panoramic windows by giant ships at the Port of Felixstowe.

For great British classics from the sea or grill, head to the historic **Ferry Boat Inn** at the idyllic riverside village of Felixstowe Ferry, or tuck in, with a craft ale or two and the sound of the waves at **The Boardwalk Café Bar** on Felixstowe Pier.



Lunchtime favourites from the town and coast... enjoy home-cooked dishes from Sunday roasts to plant-based treats, warming soups, fresh salads, filled spuds and sandwiches at the **Crescent Cafe**, **Ruby's**, **Gulliver's Wife Cafe**, **Blue & Berry Café**, **Greenhouse Cafe** and **Spud Hut**.

The seaside favourite - delicious freshly cooked fish and chips. Eat in or take out to enjoy on the prom overlooking the ocean from the **Regal Fish Bar**, **Fish Dish Restaurant** and **Saltwater Fish and Chips**. Don't forget the mushy peas!



Dine in style... 'something special' with plates featuring local and seasonal produce accompanied by fine wines, colourful cocktails and real ales. Seafood, steaks and sweet treats. Eat inside or 'al-fresco' in the delightful surroundings of **The Orwell Hotel**, **The Alex**, **The Fludyers Hotel** and **Steak Lobster & Co.**

Take a trip around the world - from the Italian and Mediterranean style fare of **Café Bencotto** and **Alba Chiara**; to spicy curries and Turkish charcoal-based platters at **Anatolia** and **Blue Naan**. At **Beach Street Felixstowe**, there is a host of street food to sample from New York style pizza to vegan dirty fries and Vietnamese/South Asian cuisine.



Tea Time! Relax with a classic cream tea overlooking the award-winning Felixstowe Seafront Gardens at the **Clifftop Cafe**. At **Scribble Cafe**, there are tempting 'naughty but nice' tray bakes accompanied with coffee and hot chocolate. Or get your knitting needles out for a good natter, brew and home-made cakes at **The Wool Baa Felixstowe**.

A New Home for Felixstowe Men's Shed

Keys have been handed over for our new workshop at Great Street Farm, Trimley St. Mary, IP11 0TN. This is a brand-new start and wood and equipment have arrived together with our existing equipment from Felixstowe Museum.

Following a generous grant by Felixstowe Town Council, an order has been placed for a new table top saw that is a very substantial unit with a cast iron surface. It will allow large timber sizes to be cut with ease.

The layout of the barn (measuring 70x28 feet) has been agreed and laid out and work to build the first two work rooms is underway. There will be a large open area for workshop facilities that will include lathes, band saws, pillar drills and all the equipment expected in a modern workshop.



If you want to explore the possibility of joining, please come along as there are many aspects of work that can be undertaken. The ethos behind Men's Shed is that men do not cope particularly well on their own or in retirement and loneliness can become a problem. As we come out of lockdown, it is a life saver for many. Plenty of laughter and fellowship builds new friendships and helps serve the community with many projects undertaken.

With our equal opportunities policy, we are pleased to invite female members. We already have some and more are welcome!

In addition to the Shed, we have been allocated an area opposite the barn to develop a wellness garden. Anyone with green fingers is invited to join and start the planning and construction of an area to relax and build friendships.

To contact us email Felixstowemensshed.org.uk
Phone 01394 213785
Tony Allen, Chairman

FACTS service returns almost back to normal



FACTS are very pleased to announce that our services are almost back to normal. Many of our existing members have returned and more members have joined.

With the lockdown last year, most of our passengers self isolated and all of the clubs and activities closed. Despite this we still kept busy delivering prescription medication and food parcels.

We lost most of our revenue but thanks to the generosity of the local community, their donations kept us going!

Things are now nearly back to normal, many of the clubs have reopened, our members are going out shopping and to their social activities.

We recently took a party of elderly people including some in a wheelchair from a local nursing home to the Wolverstone Marina where a specially adapted boat took them for a trip up the Orwell. They all had a great time and have booked us to take them again in a couple of weeks.



We have the capacity to take on more members and are also looking for more volunteers.

If you can spare a few hours to give to a very worthwhile local charity, we would be delighted to hear from you.



If you think we can be of assistance to you or you would consider volunteering, please call Dave or Jane on 01394 282857. You can get full detail of our organisation on our website www.factbus.org.uk or contact us on Facebook.

SERVED EVERY SUNDAY
BETWEEN 12 NOON TO 2:30PM • BOOKING ESSENTIAL

SUNDAY LUNCH

Starters
A selection of 2 each week

Mains
A selection of 2 traditional roasts always accompanied with a selection of new and roast potatoes with seasonal vegetables

Dessert
A selection of 2 desserts or ice cream or cheese and biscuits
Children 12 and under half price.

2 COURSES £15 - 3 COURSES £18

Call to book your table on 01394 286834 (opt 5)

Felixstowe Ferry
Golf Club

Every Friday

FISH 'N' CHIP TAKEAWAY OR DELIVERY

- Fresh Hand Battered Cod, Haddock or Scampi and Chips
- Friday Between 12-7pm
- Easy Car Parking
- Pre-orders Only

Only
£8.50
or eat in £12.50

Phone in orders 01394 286834 (opt 5)

Reflecting on the early days of Felixstowe BID

Three months ago, Sheline Gledhill was appointed manager of Felixstowe Business Improvement District, an initiative aimed at providing business-funded improvements to the town and seafront for the benefit of traders, locals and visitors alike. Here she tells us what she's been up to.

Taking the reins at Felixstowe BID has been, and continues to be, an exciting challenge. I have enjoyed meeting levy payers from all sectors and discussing ways forward for the initiative whilst also setting up the company.

Since taking office, I have been working closely with the volunteers who championed and campaigned for the BID, to understand and deliver their vision. From that group we have formed an interim Board and have identified areas of experience and expertise which will benefit our work.

The Board has met twice to date and, on both occasions, it was a real joy to see representatives of all sectors working together and engaging in lively debate about how we can support our business community. We have also formed an Executive Management Group which is currently meeting weekly as we work to identify an action plan for the coming year.

I have also had the pleasure of meeting and understanding the work of other organisations such as the Town and District Councils, to understand their plans and responsibilities and how the BID can work to complement those – and when necessary to hold them to account.

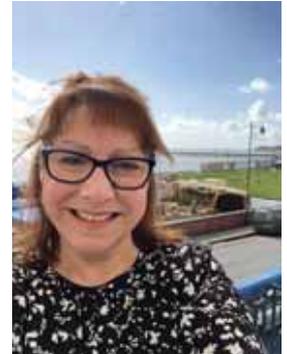
I have met with Suffolk Police, engaged in a review of CCTV coverage, and shown our support for the region's bid to become the UK City of Culture 2025. My role also requires me to identify and draw down additional funding streams, so rest assured, I am on the lookout for further investment so we can increase our spend and influence.

Looking ahead, we feel the time is right to start planning for next year and are looking to host a series of events to put Felixstowe back on the map for great days out. Before that, however, we have Christmas to think about and will work to increase footfall, dwell and spend for all our businesses through promotions, attractions and events.

Communications and engagement will be key as the BID progresses, and I am keen to develop a platform where we can share news, advice and best practise. This will work in harmony with Visit Felixstowe, our much-loved tourism website, plans for which are currently being discussed.

By voting 'yes' for the BID, Felixstowe's business community has shown its belief in the BID model which has helped significantly improve and enhance towns across Suffolk and throughout the UK. It is my ambition to continue that success here in Felixstowe by learning from that community and applying creativity and aspiration to our town and seafront.

To contact Sheline email manager@felixstowebid.co.uk



Felixstowe Chamber Breakfast set to return



Well, we are getting back to normal here at the Chamber and we have booked our first face to face breakfast meeting in Felixstowe on Wednesday 29th September 2021, 7.30 am to 9.00 am at Felixstowe Ferry Golf Club. There will be 30 minutes for tea and coffee and an informal catch up with each other, then of course, breakfast followed by a 10 minute presentation.

Jane Warden, Chairperson

Networking at its best!

We are pleased to have a short interactive presentation from Colin Low, who is a member of the Chamber and also an active committee member. Colin is the Managing Director of Kingsfleet Wealth Management who are the main Sponsor for this networking event.



Colin is accredited as a Chartered Financial Planner and is also a Fellow of the Personal Finance Society, a Fellow of the Institute of Financial Planning and one of the few financial planners nationally to have achieved a Master's Degree in Financial Planning.

Why not come along and see us on 29th September, whatever your business or industry sector?

You don't have to be a member to attend this event so come along to have a chat with old and new members and a good hearty breakfast!

We always want to meet people from the Town and surrounding area, so if you would like to come along there will be a friendly welcome.

Please email Julie Gatt the Business Officer at julie.gatt@felixstowechamber.co.uk to reserve a place, £14.50 for members and £16.00 for non-members.



Rotary Club of Felixstowe Landguard



Since 1974, World Environment Day has been celebrated every year on 5 June, engaging governments, businesses, and citizens in an effort to address pressing environmental issues

Did you know?

- Every three seconds, the world loses enough forest to cover a football pitch.
- Over the last century we have destroyed half of our wetlands.
- As much as 50 per cent of our coral reefs have already been lost.

World Environment Day offers a platform for inspiring positive change and many Rotary Clubs are taking on environmental projects to support change. Here at Landguard Rotary we were pleased to support World Environment Day by making 12 bird boxes which have been put up in and around the Abbey Grove Woodland to increase nesting biodiversity.



Rotarian Tim Pearse said ‘Members of our Rotary Club are pleased to support World Environment Day with this project to provide secure nesting sites for small birds, many of which are declining species at a time when large areas of the countryside are being lost to housing development. In addition to this project our Club have participated in the Marine Conservation Society’s “Adopt A Beach” scheme since 2005 and in more recent years carried out ground’s maintenance on Snow Hill steps. All of these projects have been well supported by our members who enjoy the fellowship and sense of achievement of improving the environment in which we live”.

If you would like to attend one of our evenings and find out more please get in touch landguardsecretary@hotmail.co.uk, follow us on Facebook or check out our website www.rotary-ribi.org/clubs/homepage.php?ClbID=1516#clubInfo

Port to Port

A series of public art events are taking place in Felixstowe across September and October. Artist Alisa Oleva was selected by a panel of Felixstowe residents and has been working with art agency Pier Projects to create a programme of events inspired by walking.

Titled PORT TO PORT, the artist’s new work includes a guided walk, a deep listening workshop, a map and series of postcards and an online discussion.

Listening Points Workshop, Deep Listening Event
Saturday 11 September 10am-1pm - Join Alisa Oleva for a workshop exploring sound scores and shadows.

Port-To-Port, Walking Commission
Sat 18 September, 10am-12pm, Sun 19 September, 2-4pm
 Join Alisa Oleva to explore Felixstowe from new perspectives and listen together to the voices from both near and far.

Slow Salon, Online Panel Discussion
Thursday 07 October, 6-8pm - Join Alisa Oleva and invited contributors for a conversation exploring walking and distance, connection and co-presence, listening, and relating to landscape.

Booking is required as some have a limited capacity. All events are free, for further info please email: natalie@pierprojects.org or visit www.pierprojects.org

PORT TO PORT has been commissioned by Pier Projects and generously supported by Arts Council England and Councillors Stuart Bird, Tracey Green and Mayor Mark Jepson through East Suffolk Council’s Enabling Communities Fund.



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Overall	Good
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Leadership	Good
People	Good
Partnerships	Good
Resources	Good
Service	Good



The Felixstowe Master Mariners Club are anxious to restart their monthly meetings at Felixstowe Ferry Sailing Club and after much deliberation and careful planning, have decided to take the plunge back to normality and will have their first meeting for eighteen months on the 21st September 2021.

The Guest Speaker will be Club Member Captain Derek Peters, who resides in Felixstowe and is always a very interesting speaker. Captain Peters was the recipient of a Merchant Navy Medal for Meritorious Service presented by The Princess Royal in 2016.

The Club will also have Club Member Captain Geoffrey Hart representing Members at the Master Mariners Day held in Ipswich on the 3rd September 2021.

Of course anyone with a marine background or interest would be more than welcomed to join our friendly Club and can visit <https://www.mastermariners.uk> for details.

We would always be glad to hear from you.

Malcolm Stafford
 Felixstowe Master Mariners Club





Our Focus on the Environment

Our environment is on the edge of disaster and we must do something about it. Of course huge steps need to be taken by businesses and policy makers, but educational establishments need to also do their bit. At Felixstowe School we place empathy, which includes a deep care for our environment, at the heart of our ethos. We know it is our responsibility to educate the next generation to be environmentally aware and responsible. We also passionately believe that good leadership is about leading by example, which is why we are developing our school environment policy to ensure we are being as proactive and progressive as possible.

From September 2021 our catering services are drastically reducing the plastic packaging around food items, which is a huge step forward in ensuring we do not contribute to the millions of tonnes of global plastic waste every year. In addition to this the catering team will be offering a number of plant based lunch alternatives as we know moving toward a more plant based diet is one way to reduce one's carbon footprint. Printing can place a huge burden on the environment due to the ink used, electricity consumption, and the sheer amount of paper used. In the UK we use millions of tonnes of paper every year, which in terms of trees represents thousands of square kilometers. We have already shifted most of our internal documentation to cloud-based storage. Last academic year we moved our appraisal system online and this year we are looking to move our internal ordering online. We know each change is small, but together they add up to something really big.

Arguably the biggest impact we can have as a school is to educate the next generation. During the last academic year students came together to create an environment committee, which is led by sixth form students. So far the committee helped to support the Helmingham House Day, which raised £344.17 for Plastic Oceans as well as organising various litter picks. The team also supported Earth Day, and created resources to share with the wider school. This next academic year the group will become more immersed in supporting the school's environment policy.



The final big area of focus for the school will be within the curriculum itself. We believe it is essential that important topics, such as the environment, be taught within lessons and not just relegated to add ons throughout the year. Each subject area is working hard on ensuring that where appropriate, the environment and our relationship with it is covered. The English department has already started this in year 9 with the introduction of a unit that explores what it means to be human.

We are fortunate in that we live in a beautiful part of the world. Our coastline is gorgeous and rich in wildlife and biodiversity. We are not often plagued by floating islands of plastic and we fortunately missed the extreme weather experienced in much of Europe, China, and the US this summer. Extreme weather events are increasing in frequency and our natural world is being decimated, which is why we must act now. Our children deserve to be empowered to make informed decisions that will change our world for the better

Grange Community Primary School



Religious Education at Grange - Thanks to Mrs Cracknell, our RE curriculum is being enriched with trips and visitors so the children have a better understanding of the world's main religions. In June, Mr Harkirat Singh, Sikh Education Service, visited Year 3 and 4 to talk about the Sikhi way of life. He told us that everyone is a gift, we are all special. On Tuesday 25th May, year 1 visited Christ Church. Rev. Marcus Mak told the children about the Christian Festival of Pentecost

Year 5 Lackford Lakes Nature Reserve trip 8 July - Thank you to the Suffolk Wildlife Trust for giving the children the opportunity to enjoy their environment; to birdwatch and explore habitats. Fortunately, the pupils didn't need to put their swimming skills to the test.



Forest Learning - Mrs Hughes is our school's Forest School teacher and she is wonderful! We offer a programme of Forest Learning to our youngest children where they get to build resilience and overcome challenges in a different setting. This term, however, our older children have also been given the opportunity to learn in our 'forest' and they have loved it! It really goes to show that learning happens far beyond the classroom.

Time Capsule - At our Olympic Sports Day Closing Ceremony, we dedicated our Covid 19 Time Capsule. Again, rather emotional, each class had produced some memories (poems, artwork, plays, songs) that they contributed to the capsule which we will bury for 50 years at the front of our school so that future learners at Grange can find out about the extraordinary times through which our children are living.

Colchester Zoo - Year 6 really enjoyed their trip to Colchester Zoo where they took part in an exciting maths workshop involving the hands-on practice of maths skills in a real-world context. Groups rotated around different activities that included measuring snake skins and tortoise shells, solving calculations regarding enclosure size and timing animals' speed over a defined distance. They also enjoyed exploring the zoo and for many of the pupils it was their first time visiting. A great day was had by all! A note about our fabulous Year 6 class who leave us this term for their High Schools. They are such a wonderful class. Miss Faulkner has taught them in Year 5 as well as Year 6 and she has moulded them in to motivated learners ready for their next stage of learning.



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As we start looking ahead to September – and the new children who will be joining our school. It has been a pleasure to finally be able to welcome our new Reception parents into our school, when they attended an information event at the end of June. Parents met staff and looked around the school.

We also held a Year 3 Learning Fayre. At this, Year 2 children visited the Causton site to see the work our pupils in Year 3 have completed, they also talked to staff to learn about what to expect in September.

Throughout July we held our Transition Mornings and Afternoons where children spent time in their new class with new teachers, culminating in a whole school Transition Day on 12 July.

Olympic-themed Sports Days were held in all the year group bubbles alongside awards ceremonies this year as well.

Summer enrichment activities are planned for all year groups for the last week of term and our pupils will be supported by students from SET Saxmundham School.



To find out more about SET Maidstone and Causton School please call 01394 283375, email beccles@seckfordeducation.org.uk or visit www.maidstoneandcaustonschool.org.uk

Lucy Thompson, Head of School

Langer Primary Academy



Pupils at Langer Primary Academy, were all invited to join in the school's first ever week-long summer school.

There was no cost to families for pupils joining in the week of activities and lunch was provided to everyone too. Across the week more than 70 pupils took part in activities ranging from footgolf to bowls and beach visits to wellbeing sessions and food-tasting



On Monday 2nd August, pupils once more ran through the school gates laughing and joking with each other. Staff volunteered to support the project and the school funded specialist staff to work with the pupils across the week. Everyday started with an hour at the beach. Staff offered pupils a range of activities and each morning the children selected their favourite to join. Once back at school, pupils were offered the choice of three sports activities, an arts and crafts session, play therapy, working with Level Two youth workers or problem-solving games. On Wednesday and Thursday, pupils were given access to small group sessions on expressing their feelings and managing anger, what makes them unique and wonderful and finally on keeping healthy. These sessions were provided by Sue Miller from OM Health and Wellbeing Consultancy. Sports sessions were offered by coaches from Xtra Time Sports.

Pupils also read 1:1 everyday with one of the school's reading volunteers. Reading on the beach also proved very popular with Langer pupils. The aim of the summer school was to ensure that the pupils' strong relationships with school staff and their friends were maintained across the summer break. It was particularly important following the significant disruption to the children's learning, friendships and routines during the last two years following the COVID-19 pandemic. Staff were delighted with the high attendance, pupils stated that they wanted to do Summer School every year and every week. Langer Primary Academy is delighted by this project and offers special thanks to Level Two, Beach Bites, Anji Wilks Play Therapy, OM Health and Wellbeing Consultants, Xtra Time Sport and to East Suffolk Council for their support and participation in this project. Above all, thanks to the wonderful Langer staff who volunteered their time and the pupils for making it an absolute pleasure.

Written by Martha Hughes, Headteacher.

Walton Community Hall, 274 High Street, Walton, Felixstowe, IP11 9DS

Looking for a venue for a children's party, business event or regular class? Walton Community Hall is available for hire daytimes, evenings and weekends throughout the year. The main hall measures 9.6m x 9.6m. Competitive rates apply, please contact sarah.morrison@felixstowe.gov.uk or telephone 01394 288194 for further information.



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Meet the RAF Cadets...

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Are you looking for that extra excitement in your life? Something that could change your future?

Are you in Year 8 or above on 3rd September 2021? Then this could be just what you need!

We are having an open evening on **WEDNESDAY 15TH SEPTEMBER** Starting at 7.15pm to 9.15pm.

If possible, please bring a parent with you, so they can see what we have got to offer!



So come and see the kind of activities we get to do. There is even a competition of a Free Prize Draw! (Prize is a session at Sim2do in Mildenhall where you can fly the F35b simulator!)

Activities like Flying (Including our own Flight Simulator), Archery, Fieldcraft, First Aid Training, Leadership Training, Adventure Training, Sports, STEM & DoFE and more!



We are recruiting young people who are interested in getting involved and enjoying the variety of activities we at the RAF Air Cadets in FELIXSTOWE can offer you!

We meet every Monday and Wednesday from 7.00pm to 9.30pm

Contact us on 356@rafac.mod.gov.uk

Children in Need Award for Level Two Youth Project



Level Two Youth Project is delighted to announce an award from Children in Need. This grant award of £91,500 over 3 years will provide one to one counselling and mentoring for children and young people with mental health needs. These interventions will result in young people being better resourced to manage emotions, increase their confidence & improve relationships.

The psychosocial effects of Covid-19 has disproportionately affected young people, as routines, structures and relationships are interrupted at a critical moment of self-development, while access to therapeutic services is limited. Level Two's primary services are mentoring and counselling, though the project offers support in a number of ways, providing supportive relationships & positive experiences designed to enhance the personal and social development of young people in Felixstowe.

Level Two Youth Project, now in its 20th year, has developed from being a small youth club into a comprehensive youth service. For further information contact us on 01394 272521 or visit our website www.leveltwo.org.

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Calling all local Community Groups - Grants now available

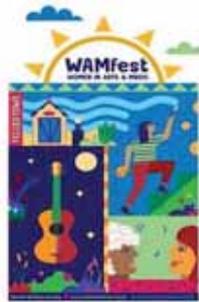
The deadline for round 2 grant applications for this year is **30 November**. If you know of a charity or community group in need of funding for equipment or a project which will benefit the residents of Felixstowe, then please ask them to get in touch.

The total remaining fund available for this year is currently £14,827.

Last year a total of 35 community groups were helped by our Occasional Grant, Coronavirus Grant and Annual Grant scheme. Here are just a few of those that we have recently helped:



Felixstowe Book Festival



WAMFest



Landguard Fort



6th Old Felixstowe Scout Group



Mens Shed

Any properly constituted group, club or organisation based in Felixstowe and/or operating for the benefit of its residents can apply. Please see our website for details www.felixstowe.gov.uk/grants. If you need help with the application process or to submit your completed application form please contact Debbie Frost by email debbie.frost@felixstowe.gov.uk or telephone 01394 288192.

FELIXSTOWE REMEMBERS



2021 is a very special year for the Felixstowe Branch of the Royal British Legion as it marks its Centenary.

On Saturday 23rd October there will be a day of Centenary Celebrations between 10.00am - 4.30pm in Felixstowe Town Centre.

Felixstowe Town Council, the Felixstowe branch of the Royal British Legion and local clergy jointly arrange Remembrance Services for the town.

Join us for:

The Festival of Remembrance concert at Spa Pavilion at 7.30pm on Friday 12 November.

Remembrance Sunday falls on 14 November 2021:

- Civic Remembrance Service 9.45am, St Johns Church, Orwell Road.
- Civic Act of Remembrance 10.45am, Felixstowe War Memorial, Undercliff Road West.
- Remembrance service at the War Graves, Felixstowe Cemetery at 12 noon.

Please also join us if you can at the War Memorial on Armistice Day, Thursday 11th November, where we will observe the two minute silence at 11am.



Felixstowe Festival of Remembrance

7.30pm
Friday 12th November 2021
Spa Pavilion, Felixstowe
Tickets £15

Tickets available from the Spa Pavilion Box Office
01394 284962 or www.spapavilion.uk

Children's Choir Muster of Standards Drum Head Service
Cadets Drill Displays Service of Remembrance

Raising Money for the 2021 Felixstowe Poppy Appeal

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Deputy Mayor of Felixstowe: Cllr Sharon Harkin

Coastal Ward

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Nick Barber

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Mick Richardson *

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Port Ward

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Tracey Green *

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Andy Smith

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Walton Ward

Mike Deacon *

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Margaret Morris

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01394 274345



Kimberley Williams

kimberley.williams@felixstowe.gov.uk
01394 284180



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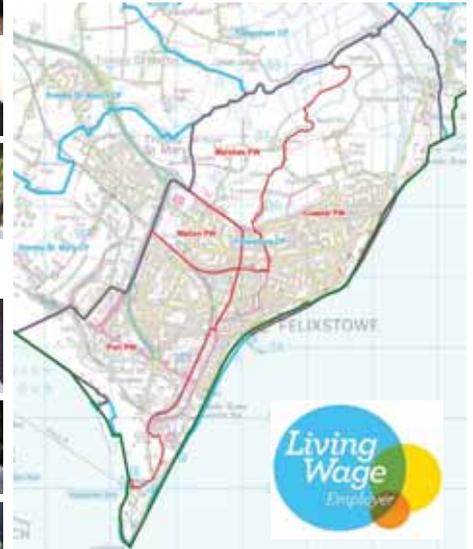
* Councillor is also a Member of East Suffolk Council

** Councillor is also a Member of Suffolk County Council

Member of Parliament for Suffolk Coastal:

Dr Therese Coffey MP

therese.coffey.mp@parliament.uk
020 7219 7164



Felixstowe Town Council Meetings

Mayor of Felixstowe: Cllr Mark Jepson
Deputy Mayor of Felixstowe: Cllr Sharon Harkin

8 September	Full Council	7.30pm
8 September	Planning & Environment	9.15am
15 September	Civic & Community	7.30pm
22 September	Planning & Environment	9.15am
22 September	Assets & Services	7.30pm
6 October	Planning & Environment	9.15am
20 October	Planning & Environment	9.15am
20 October	Civic & Community	7.30pm
27 October	Finance & Governance	7.30pm
3 November	Planning & Environment	9.15am
10 November	Full Council	7.30pm
17 November	Planning & Environment	9.15am
24 November	Assets & Services	7.30pm
1 December	Planning & Environment	9.15am
8 December	Finance & Governance	7.30pm

Note: all meetings listed are open to the press and public, who are also welcome to attend online via Zoom. The link for each meeting can be found on our website, facebook page and twitter. For further information please telephone 01394 282086 or email enquiries@felixstowe.gov.uk.

Contacting Council Staff

Phone: 01394 282086 (all staff)

Email: enquiries@felixstowe.gov.uk

Address:

Felixstowe Town Hall, Undercliff Road West, Felixstowe, IP11 2AG

Website: www.felixstowe.gov.uk

Ash Tadjrishi – Town Clerk and Responsible Financial Officer
townclerk@felixstowe.gov.uk

Debbie Frost – Deputy Town Clerk
debbie.frost@felixstowe.gov.uk

Sue Faversham – Civic Events Officer
sue.faversham@felixstowe.gov.uk

Sarah Morrison – Planning Administration Assistant
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Shaun Congi – Financial Administration Assistant
shaun.congi@felixstowe.gov.uk

Holly Miles – Communications Apprentice
holly.miles@felixstowe.gov.uk

Janine Smith – Administration Assistant
janine.smith@felixstowe.gov.uk

We have enjoyed seeing all your photos this year of your beautiful gardens, hanging baskets and floral displays. Please continue to send in you photos for our Facebook Page 'Felixstowe in Flower' email your pictures to enquiries@felixstowe.gov.uk



A very special Thank You to all our sponsors and this year's contributors:

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The Orwell Hotel	Trinity College Cambridge

For further information on opportunities for Felixstowe in Flower 2022 please email sue.faversham@felixstowe.gov.uk